

DECLARE IN-HOME HEALTH CARE

HOME CARE SERVICES

In-home care is a great way to get the help you need. You may be a senior who needs assistance with daily living activities, so trust our caregivers to help with meal preparation or personal care. You may also be caring for your aging parent and just need someone to be with them while you run errands. Home care services are versatile, flexible, and customized for your comfort, peace of mind and well-being.

PERSONAL ASSISTANT

Everyday activities you take for granted—such as bathing, eating or dressing—may be too difficult for your aging parent or disabled family member. DECLARE In-Home Health Care is here to help your loved one live an independent life. Beyond basic companionship and housekeeping, our home health caregivers provide sensitive, confidential personal care services in a way that respects your loved one's dignity and well-being. We can work with you to develop a customized home care plan that meets your loved one's needs with a variety of personal care services.



SPECIALIZING IN CERTAIN DIAGNOSIS/DISABILITIES SUCH AS:

Alzheimer's	Anxiety
Cerebral Palsy	Dementia
Depression	Lupus
Multiple Sclerosis	Parkinson's
Psychosis	



(314) 269-4096
3439 Brown Road
St. Louis, MO 63114
www.declarehomehealth.com



Declare
HOME HEALTH CARE

Here To Assist Clients and
Family Members Anytime 24/7

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The right caregiver is like Family.

DECLARE In-Home Health Care LLC, is the name you can trust in the Greater St. Louis Area: St. Louis County, St. Charles County and St. Peters for personal home care. We understand the difficulty of the decision you have to make for your elderly parent or family member, and we want you to know that we are here every step of the way.

Please do not hesitate to contact us and begin this life-changing service that will not only help your senior parent with regular chores and activities, but will truly invigorate him or her and provide you, the family caregiver, with much needed relief. For more info call: **(314) 201-3200**



Consumer Directed Services Include:

Standby Assistance with Morning & Evening Routines

From help out of bed, to grooming and dressing assistance to preparing nutritious meals, a caregiver can be there every step so the day gets started right. DECLARE caregivers can assist with evening hygiene routines to help ensure a restful night.

Personal Hygiene & Appearance Care

Personal hygiene cleanses the body and soothes the mind. Our in-home caregivers offer the personal assistance your aged or disabled loved one needs to continue the selfcare that makes them feel clean and refreshed. No matter the number of years an aging parent has lived, they still take pride in their appearance. As part of our personal care services, we can help them look their best with hair care and other grooming tasks

Transfer Assistance

If your loved one struggles with getting in and out of bed or a wheelchair, our caregivers have specialized training in how to safely provide this home care assistance.

Bathing & Showering Assistance

Bathing and showering, a daily essential for good personal hygiene, may be difficult or unsafe for your loved one to do alone. Bathtubs and showers can be dangerously slippery places, but we can provide the help your family member needs as part of our in home personal care.

Help with Restroom Use

Our personal caregivers have been trained to offer minimal to full assistance with restroom use, including incontinence care, all with the utmost respect, professionalism and sensitivity to privacy.

Assistance with Dressing

If your loved one struggles with getting dressed and undressed, either in or out of bed, our personal care services include help with this task, ensuring your family member can look and feel their best.

Mealtime Feeding Assistance

Unintentional weight loss affects more than a quarter of people over age 65. It may be a signal that a senior needs home care meals or feeding assistance-all services our caregivers provide. In fact, research shows that feeding assistance, either during or between meals, can improve a senior's daily fluid and food consumption needed to maintain a healthy weight.

Transportation & Errand Assistance

For your aging parent, driving to an appointment can leave them feeling confused, frightened or unable to negotiate the high volume of traffic. Picking up prescriptions, going grocery shopping, standing in line, errands can turn into a never-ending list of chores that can overwhelm an aging parent. It's reassuring to know DECLARE In-Home Health Care provides senior home care transportation and errand assistance.

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